



February

Sharyland I.S.D. Secondary Breakfast & Lunch Menu

1 Pancakes Oven Fried Chicken Mashed Potatoes Cheese Garlic Biscuit Fruit Milk Choice	2 Biscuit & Egg Baked Potato with Chili /Cheese Broccoli with Cheese Corn Fruit Milk Choice	3 Breakfast Pizza Patty Melt Waffle Fries Lettuce, Tomato, Pickle Fruit Milk Choice	4 Waffles Fettucini Alfredo with Chicken Mixed Vegetables Bread Stick Fruit Milk Choice	5 Cinnamon Raisin Biscuit Cheese Enchiladas Refried Beans Spanish Rice Fruit Milk Choice
8 Breakfast Burrito Spaghetti and Meatballs Mixed Vegetables Bread Stick Fruit Milk Choice	9 Blueberry Bagel & Cream Cheese Chicken Fajita Tacos Spanish Rice Beans A La Charra Fruit Milk Choice	10 Pancakes Sausage on Bun Chili & Cheese French Fries Fruit Milk Choice	11 Biscuit & Sausage Steak Fingers Mashed Potatoes Wheat Roll Fruit Milk Choice	12 Egg & Ham Taco Bean & Cheese Chalupas Lettuce & Tomato Spanish Rice Fruit Milk Choice
15 French Toast Sticks Calzone Marinara Sauce Medium Salad Fruit Milk Choice	16 Morning Sausage Roll Spicy Cuban Pork Taco Ranch Beans Spanish Rice Fruit Milk Choice	17 Egg & Hash Brown Meatball Sandwich Medium Salad Chips Fruit Milk Choice	18 Pancakes Chicken Tenders Mashed Potatoes Wheat Roll Fruit Milk Choice	19 Tamales Breaded Fish on Bun Macaroni & Cheese Peas & Carrots Fruit Milk Choice
22 Pancakes Oven Fried Chicken Mashed Potatoes Cheese Garlic Biscuit Fruit Milk Choice	23 Biscuit & Egg Baked Potato with Chili /Cheese Broccoli with Cheese Corn Fruit Milk Choice	24 Breakfast Pizza Patty Melt Waffle Fries Lettuce, Tomato, Pickle Fruit Milk Choice	25 Waffles Fettucini Alfredo with Chicken Mixed Vegetables Bread Stick Fruit Milk Choice	26 Cinnamon Raisin Biscuit Cheese Enchiladas Refried Beans Spanish Rice Fruit Milk Choice

Breakfast

Includes a choice of chorizo & egg taco, bacon & egg taco, cereal, toast, orange juice or milk.

Other Daily Lunch Menu Choices

Pizza	Hamburger	Salad	Subway Sandwich or Wrap
Salad	Fries	Crackers	Soup
Garlic Breadstick	Lettuce/Tomato/Pickle	Soup	Chips
Fruit	Fruit	Fruit	Fruit
Milk Choice	Milk Choice	Milk Choice	Milk Choice



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