

January

Sharyland I.S.D. Secondary Breakfast & Lunch Menu

4 French Toast Sticks Calzone Marinara Sauce Medium Salad Fruit Milk Choice	5 Morning Sausage Roll Spicy Cuban Pork Taco Ranch Beans Spanish Rice Fruit Milk Choice	6 Egg & Hash Brown Meatball Sandwich Medium Salad Chips Fruit Milk Choice	7 Pancakes Chicken Tenders Mashed Potatoes Wheat Roll Fruit Milk Choice	8 Tamales Breaded Fish Macaroni & Cheese Peas & Carrots Fruit Milk Choice
11 Pancakes Oven Fried Chicken Mashed Potatoes Cheese Garlic Biscuit Fruit Milk Choice	12 Biscuit & Egg Baked Potato with Chili /Cheese Broccoli with Cheese Corn Fruit Milk Choice	13 Breakfast Pizza Patty Melt Waffle Fries Lettuce, Tomato, Pickle Fruit Milk Choice	14 Waffles Fettucini Alfredo with Chicken Mixed Vegetables Bread Stick Fruit Milk Choice	15 Student Holiday
18 Student Holiday	19 Blueberry Bagel & Cream Cheese Chicken Fajita Tacos Spanish Rice Beans A La Charra Fruit Milk Choice	20 Pancakes Sausage on Bun Chili & Cheese French Fries Fruit Milk Choice	21 Biscuit & Sausage Steak Fingers Mashed Potatoes Wheat Roll Fruit Milk Choice	22 Egg & Ham Taco Bean & Cheese Chalupas Lettuce & Tomato Spanish Rice Fruit Milk Choice
25 French Toast Sticks Calzone Marinara Sauce Medium Salad Fruit Milk Choice	26 Morning Sausage Roll Spicy Cuban Pork Taco Ranch Beans Spanish Rice Fruit Milk Choice	27 Egg & Hash Brown Meatball Sandwich Medium Salad Chips Fruit Milk Choice	28 Pancakes Chicken Tenders Mashed Potatoes Wheat Roll Fruit Milk Choice	29 Tamales Breaded Fish (Catfish) Macaroni & Cheese Peas & Carrots Fruit Milk Choice

Breakfast

Includes a choice of chorizo & egg taco, bacon & egg taco, cereal, toast, orange juice or milk.

Other Daily Lunch Menu Choices

Pizza
Salad
Garlic Breadstick
Fruit
Milk Choice

Hamburger
Fries
Lettuce/Tomato/Pickle
Fruit
Milk Choice

Salad
Crackers
Soup
Fruit
Milk Choice

Subway Sandwich or Wrap
Soup
Chips
Fruit
Milk Choice