

Sharyland ISD

Allergens & Food Sensitivity

Rec. #	Description	Milk	Egg	Peanut	Tree Nut	Fish	Shellfish	Soy	Wheat
000269	After School Animal Crackers	NO	NO	NO	NO	NO	NO	YES	YES
000278	After School Blueberry Muffin	YES	YES	NO	NO	NO	NO	YES	YES
000276	After School Grape Juice	NO	NO	NO	NO	NO	NO	NO	NO
000277	After School Honey Graham	NO	NO	NO	NO	NO	NO	YES	YES
000240	After School Lemon Goldfish	NO	NO	NO	NO	NO	NO	YES	YES
000279	After School Orange Pineapple	NO	NO	NO	NO	NO	NO	NO	NO
000266	After School Rainbow Yogurt	YES	NO	NO	NO	NO	NO	NO	NO
000275	After School Strawberry Ban Yogurt	YES	NO	NO	NO	NO	NO	NO	NO
000241	After School Strawberry Goldfish	NO	NO	NO	NO	NO	NO	YES	YES
000238	After School-Apple Juice	NO	NO	NO	NO	NO	NO	NO	NO
000239	After School-Apple Muffin	YES	YES	NO	NO	NO	NO	YES	YES
000236	After School-Chocolate Graham	NO	NO	NO	NO	NO	NO	YES	YES
000202	Apple, Golden	NO	NO	NO	NO	NO	NO	NO	NO
000635	Apple, Red	NO	NO	NO	NO	NO	NO	NO	NO
000191	Applesauce	NO	NO	NO	NO	NO	NO	NO	NO
000584	Bacon Bits, Imitation	NO	NO	NO	NO	NO	NO	NO	NO
000578	Baked Potato, Chili & Cheese	YES	NO	NO	NO	NO	NO	YES	NO
000204	Banana	NO	NO	NO	NO	NO	NO	NO	NO
000122	Bean & Cheese Chalupa	YES	NO	NO	NO	NO	NO	NO	NO
900160	Beans A La Charra	NO	NO	NO	NO	NO	NO	NO	NO
000470	Biscuit & Egg	YES	YES	NO	NO	NO	NO	NO	YES
000471	Biscuit & Sausage	YES	NO	NO	NO	NO	NO	YES	YES
000478	Biscuit, Cheese Garlic	YES	NO	NO	NO	NO	NO	YES	YES
000649	Blueberry Bagel	NO	NO	NO	NO	NO	NO	YES	YES
900138	Bread, Wheat, Sliced	NO	NO	NO	NO	NO	NO	YES	YES
000113	Breadstick, Whole Wheat	NO	NO	NO	NO	NO	NO	YES	YES
000618	Breakfast Burrito	YES	NO	NO	NO	NO	NO	YES	YES
000617	Breakfast Pizza with Ham	YES	NO	NO	NO	NO	NO	YES	YES
000523	Broccoli & Cheese Sauce	YES	NO	NO	NO	NO	NO	YES	YES
000505	Burrito, Bean & Cheese	YES	NO	NO	NO	NO	NO	YES	NO
990153	Burrito, Beef and Bean	NO	NO	NO	NO	NO	NO	YES	YES
000196	Calzone	YES	NO	NO	NO	NO	NO	YES	YES
000477	Cereal, Apple Jacks	NO	NO	NO	NO	NO	NO	YES	YES
000476	Cereal, Chocolate Mini Wheats	NO	NO	NO	NO	NO	NO	YES	YES
000135	Cereal, Frosted Flakes, RS	NO	NO	NO	NO	NO	NO	YES	YES
000142	Cereal, Raisin Bran	NO	NO	NO	NO	NO	NO	NO	NO
900090	Chicken Burger, Secondary	YES	YES	NO	NO	NO	NO	YES	YES
000631	Chicken Fajita with Corn Tort	NO	NO	NO	NO	NO	NO	YES	NO
990518	Chicken Nuggets	NO	NO	NO	NO	NO	NO	YES	YES
000287	Chicken on Bun, Breaded	NO	YES	NO	NO	NO	NO	YES	YES
000507	Chicken Tenders	NO	YES	NO	NO	NO	NO	YES	YES
000518	Chicken, Breaded, 8 pc	NO	YES	NO	NO	NO	NO	NO	YES
000166	Chili con Carne	NO	NO	NO	NO	NO	NO	YES	NO
000146	Chips, BBQ, Baked	YES	YES	NO	NO	NO	NO	YES	YES
000147	Chips, Cheetos, Baked	YES	NO	NO	NO	NO	NO	NO	NO
000216	Chips, Doritos	YES	NO	NO	NO	NO	NO	NO	YES
000209	Chips, Flamin Hot Cheetos	YES	NO	NO	NO	NO	NO	NO	NO

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.