

# Sharyland ISD

## Allergens & Food Sensitivity

Feb 10, 2010

Rec.#	Description	Milk	Egg	Peanut	Tree Nut	Fish	Shellfish	Soy	Wheat
000214	Chips, French Onion Sunchips	YES	NO	NO	NO	NO	NO	YES	YES
000219	Chips, Garden Salsa Sunchips	YES	NO	NO	NO	NO	NO	NO	YES
000220	Chips, Harvest Cheddar Sunchip	YES	NO	NO	NO	NO	NO	NO	YES
000215	Chips, Sunchips, Original	NO	NO	NO	NO	NO	NO	NO	YES
000648	Cinnamon Raisin Biscuit	YES	NO	NO	NO	NO	NO	NO	YES
000506	Corn	NO	NO	NO	NO	NO	NO	NO	NO
990068	Crackers, Wheat	NO	NO	NO	NO	NO	NO	YES	YES
000655	Cream Cheese	YES	NO	NO	NO	NO	NO	NO	NO
000503	Crispy Beef Taco	YES	NO	NO	NO	NO	NO	NO	NO
000144	Croutons	YES	NO	NO	NO	NO	NO	NO	YES
000176	Dressing, Italian, 12 gram	NO	NO	NO	NO	NO	NO	NO	NO
000616	Egg & Chorizo Taco	NO	YES	NO	NO	NO	NO	NO	YES
000640	Egg & Ham Taco	NO	YES	NO	NO	NO	NO	YES	YES
990046	Egg and Bacon Taco	YES	YES	NO	NO	NO	NO	YES	YES
000393	Enchiladas, Cheese	YES	NO	NO	NO	NO	NO	YES	YES
000620	Fettucini Alfredo with Chicken	YES	NO	NO	NO	NO	NO	NO	YES
900055	Fish Burger	YES	NO	NO	NO	YES	NO	YES	YES
000406	Fish Nuggets	YES	NO	NO	NO	YES	NO	NO	YES
000487	French Fries, Twister	NO	NO	NO	NO	NO	NO	YES	YES
000647	French Toast Sticks	YES	YES	NO	NO	NO	NO	YES	YES
000200	Fries, Waffle	NO	NO	NO	NO	NO	NO	YES	YES
000170	Garlic Breadstick	YES	NO	NO	NO	NO	NO	YES	YES
000047	Gelatin, with Fruit	NO	NO	NO	NO	NO	NO	NO	NO
000614	Gravy, Fat Free, Brown	YES	NO	NO	NO	NO	NO	YES	YES
000199	Hamburger, Elementary	NO	NO	NO	NO	NO	NO	YES	YES
900151	Hamburger, Secondary	NO	NO	NO	NO	NO	NO	YES	YES
000371	Hamburger, w/Cheese, Secondary	YES	NO	NO	NO	NO	NO	YES	YES
000369	Hash Browns	NO	NO	NO	NO	NO	NO	NO	NO
000162	Hotdog	YES	NO	NO	NO	NO	NO	YES	YES
000193	Italian Beef and Rotini	NO	NO	NO	NO	NO	NO	NO	YES
900009	Jelly	NO	NO	NO	NO	NO	NO	NO	NO
000380	Ketchup P.C.	NO	NO	NO	NO	NO	NO	NO	NO
500116	MACARONI AND CHEESE	YES	YES	NO	NO	NO	NO	NO	NO
990281	Mashed Potatoes, Simplot, True	YES	NO	NO	NO	NO	NO	YES	YES
000376	Mayo P.C.	NO	YES	NO	NO	NO	NO	YES	NO
000131	Milk, Chocolate, 1%	YES	NO	NO	NO	NO	NO	NO	NO
000134	Milk, Skim	YES	NO	NO	NO	NO	NO	NO	NO
000132	Milk, Strawberry, 1%	YES	NO	NO	NO	NO	NO	NO	NO
000130	Milk, White, 1%	YES	NO	NO	NO	NO	NO	NO	NO
000433	Mixed Vegetables, Frozen	NO	NO	NO	NO	NO	NO	NO	NO
000544	Morning Sausage Roll	NO	YES	NO	NO	NO	NO	NO	NO
000374	Mustard p.c.	NO	NO	NO	NO	NO	NO	YES	YES
000634	Orange	NO	NO	NO	NO	NO	NO	NO	NO
000488	Orange Juice	NO	NO	NO	NO	NO	NO	NO	NO
000562	Pancakes	NO	YES	NO	NO	NO	NO	NO	NO
000504	Patty Melt /elementary	YES	NO	NO	NO	NO	NO	YES	YES
000124	Patty Melt on Texas Toast	YES	NO	NO	NO	NO	NO	YES	YES

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.