

# Sharyland ISD

## Allergens & Food Sensitivity

Rec. #	Description	Milk	Egg	Peanut	Tree Nut	Fish	Shellfish	Soy	Wheat
000387	Peaches, diced, light syrup	NO	NO	NO	NO	NO	NO	NO	NO
000235	Pear	NO	NO	NO	NO	NO	NO	NO	NO
000438	Pears, diced	NO	NO	NO	NO	NO	NO	NO	NO
990519	Peas and Carrots	NO	NO	NO	NO	NO	NO	NO	NO
000102	Picante pc	NO	NO	NO	NO	NO	NO	NO	NO
000110	Pineapple Tidbits, light syrup	NO	NO	NO	NO	NO	NO	NO	NO
990111	Pizza, Cheese, Elementary	YES	NO	NO	NO	NO	NO	YES	YES
990498	Pizza, Pepperoni, Elementary	YES	NO	NO	NO	NO	NO	YES	YES
000002	Pizza, Pepperoni, Secondary	YES	NO	NO	NO	NO	NO	YES	YES
000160	Pork, Spicy Cuban	YES	NO	NO	NO	NO	NO	NO	NO
000342	Ranch Dressing, pc	YES	NO	NO	NO	NO	NO	NO	NO
990211	Ranch Style Beans	NO	NO	NO	NO	NO	NO	NO	NO
000039	Refried Beans	NO	NO	NO	NO	NO	NO	NO	YES
000375	Salad, Hamburger	NO	NO	NO	NO	NO	NO	NO	NO
900109	Salad, Lettuce & Tomato	NO	NO	NO	NO	NO	NO	NO	NO
000143	Salad, Medium, Secondary	NO	NO	NO	NO	NO	NO	NO	NO
000079	Salad, Popcorn Chicken, Second	YES	YES	NO	NO	NO	NO	YES	YES
000081	Salad, Southwest, Secondary	YES	YES	NO	NO	NO	NO	YES	YES
990357	Salisbury Steak	YES	NO	NO	NO	NO	NO	YES	YES
000400	Sandwich, Grilled Cheese	YES	NO	NO	NO	NO	NO	YES	YES
000475	Sandwich, Meatball	YES	NO	NO	NO	NO	NO	YES	YES
000070	Sandwich, Turkey/Cheese, Secon	YES	NO	NO	NO	NO	NO	YES	YES
000057	Sandwich, Ham/Cheese, Secondary	YES	NO	NO	NO	NO	NO	YES	YES
000468	Scrambled Eggs	YES	YES	NO	NO	NO	NO	NO	NO
000607	Smoked Sausage on Hotdog Bun	YES	NO	NO	NO	NO	NO	YES	YES
000182	Soup, Broccoli & Cheese	YES	NO	NO	NO	NO	NO	YES	NO
000183	Soup, Chicken Noodle	NO	YES	NO	NO	NO	NO	YES	YES
000184	Soup, Cream of Potato & Bacon	YES	NO	NO	NO	NO	NO	NO	YES
000033	Soup, Mega Noodle in Chicken	YES	YES	NO	NO	NO	NO	YES	YES
000180	Soup, Minestrone	YES	YES	NO	NO	NO	NO	YES	YES
000642	Spaghetti with Meatballs	YES	NO	NO	NO	NO	NO	YES	YES
900110	Spanish Rice	NO	NO	NO	NO	NO	NO	NO	NO
990034	Steak Fingers	YES	NO	NO	NO	NO	NO	NO	YES
000601	Syrup	NO	NO	NO	NO	NO	NO	NO	NO
900176	Tamales	NO	NO	NO	NO	NO	NO	NO	NO
000644	Tartar Sauce pc	NO	YES	NO	NO	NO	NO	YES	YES
900049	Tater Tots	NO	NO	NO	NO	NO	NO	NO	NO
000474	Waffles	YES	YES	NO	NO	NO	NO	YES	NO
000494	Wheat Roll	YES	NO	NO	NO	NO	NO	YES	YES
000095	Wrap, Cold Spicy Chicken	YES	YES	NO	NO	NO	NO	YES	YES

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.